# Galen’s Quote

**“*The mind’s inclination follows the body’s temperature.*”**

commonly attributed to Galen (131 C.E. – 201 C.E.)

1. What is the main point of the quote? Please rewrite it in your own words.
2. Define the cause-and-effect relationship between mind and body based on this quote.
3. Do you agree with its perspective/theory? Explain and support your answer by giving at least one example from your own experience or observation.